

Talcott Mountain Academy

Illness Policy

Parents/guardians should not hesitate to call the school if questions of physical or emotional health arise.

Parents/guardians should notify the nurse if a student will be absent for an extended period of time due to any illness or surgery. The nurse should also be alerted when immunizations are updated, if a child gets new glasses, if there is a follow up to any referrals or if there is a significant change in health status.

If a child requires the use of crutches, casts or slings, a note from the child's physician **must** be provided.

Please keep your child home when...

While it is important for your child to be in school in order to learn, it is equally important that when your child is ill she/he should stay home.

You should plan to keep your child home if within the last 24 hours your child:

- has a temperature of 100 degrees or higher
- needs a fever reducing medication to keep the temperature below 100 degrees
- has a persistent cough that is not controlled by medication
- has vomiting and/or diarrhea
- has a rash of unknown origin that is spreading
- has a red eye and/or eye drainage that is not clear

Children should remain home for at least 24 hours after symptoms have cleared without the need for medication, and they are eating their normal diet.

Body temperatures are typically lowest in the morning and go up as the day progresses. Body temperatures typically peak in the mid afternoon.